

What's inside this month? A Valentine's gift for you * Bookish Adventures * Book Review * Event Schedule * And the usual bookish goodies.

[View this email in your browser](#)



EVENTS

February 10, 2019
(weather permitting)
[Square Tomatoes Davis Craft & Vintage Fair](#)
Sunday, 11am - 4pm
Central Park
3rd and C Streets
Davis, CA

April 6, 2019
(TENTATIVE)
[Square Tomatoes Davis Craft & Vintage Fair](#)
Sunday, 11am - 4pm
Central Park
3rd and C Streets
Davis, CA

April 28, 2019
Sunday 9am - 4pm
[Spring Arts & Crafts Fair](#)
Folsom Historic District
Sutter Street
Folsom, CA

May 4, 2019
Saturday, 10am - 5pm
[California Honey Festival](#)
Main Street Downtown
Woodland, CA

May 11-12, 2019
Sat-Sun 11am - 5pm
[El Dorado Hills Art, Beer and Wine Festival](#)
El Dorado Hills Town Center
El Dorado Hills, CA

June 1-2, 2019
Sat-Sun 9:30am - 4:30pm
[Kiwamis Art Fiesta](#)
Pavilions Shopping



HAPPY VALENTINE'S DAY!

I hope your new year is off to a great start. I've been busy too, and enjoying California's winter weather. It's GREEN! I used to be a serious fan of summer, but now I'm a real fan of winter and spring.

In honor of Valentine's Day, and my ♥ of winter weather, I want to give each of you a bookmark. All you have to do is click [here](#) to send me your info and soon you'll have a new My Booklandia bookmark. Make sure to fill in the form completely so I've got your mailing details. I can't promise a particular book page, but if you have preferences in genre or author you can always ask. Just add it to the comments and I'll do what I can to send you something fun.

Center
563 Pavilions Lane
Sacramento, CA

September 15, 2019
[Jewish Food Faire](#)
Sunday 9am – 3pm
Congregation Beth Shalom
4746 El Camino Ave.
Carmichael, CA

September 21, 2019
Benicia Fine Arts and Crafts
Saturday 10am – 4pm
First Street
Benicia, CA

October 25-27, 2019
[Sacramento Arts Festival](#)
Friday and Saturday
10am – 6pm
Sunday 10am – 5pm
Cal Expo Buildings A&B
Sacramento, CA

I'm always adding to my schedule, so if you have an event you'd like My Booklandia to attend, just let me know.

FUN BOOK FACTS

Reading relieves stress!

According to a study by the University of Sussex, reading can reduce stress levels by up to 68%.

Reading even outscored listening to music (61%) and having a cup of tea or coffee (54%) as a tool for stress relief.

Of course book lovers already knew this...

"Every secret of a writer's soul, every experience of his life, every quality of his mind, is



Bookish Adventures - Walden Pond

"Not all who wander are lost." Henry David Thoreau

People have been looking to simplify their lives and find peace within themselves forever. Whether it's learning to meditate, reading self-help books, working out, or even making lists, we all try to find ways to cope with our busy lives and everyday stresses of the modern world. But that's not a new problem.

Henry David Thoreau was born in 1817 and was considered a philosopher, a naturalist, a poet and more. He famously went to live at Walden Pond in 1845 and lived there simply, in a small hut by the lake for two years. He wrote:

I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived. I did not wish to live what was not life, living is so dear; nor did I wish to practise resignation, unless it was quite necessary. I wanted to live deep and suck out all the marrow of life, to live so sturdily and Spartan-like as to put to rout all that was not life, to cut a broad swath and shave close, to drive life into a corner, and reduce it to its lowest terms, and, if it proved to be mean, why then to get the whole and genuine meanness of it, and publish its meanness to the world; or if it were sublime, to know it by experience, and be able to give a true account of it in my next excursion.

— Henry David Thoreau, from "Walden" *Where I Lived, and What I Lived For*

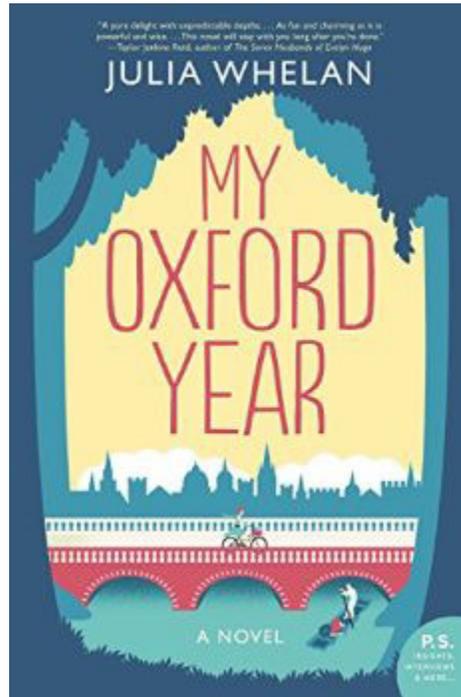
written large in
his works.”
- Virginia Woolf

GOT FEEDBACK?

I'd love to hear from you.

If there's anything you
want to add, questions
you'd like to ask, photos
or reviews you'd like to
see, just drop me an
email!

Walden Pond is still there and ready for a visit. It's now [Walden Pond State Reservation](#) near Concord, Massachusetts. There's even a replica of Thoreau's small cabin. A long term commitment isn't required, just bring a picnic and enjoy.



My Oxford Year: A Novel

by Julia Whelan

Ready for a little light reading?

I'm not a huge fan of romance novels. Usually the women aren't very bright, and there's always a moment when the couple in the book have a really stupid breakup over misinformation or diabolical plotting to break them up. My Oxford Year manages to tell an entertaining story while not falling victim to every romance novel standard. This novel isn't filled with deep meaning or important insights, but I found it thoroughly enjoyable. And we'll have to see what the movie is like because apparently it's in production. I didn't know that until I started writing this review, but once again we can see if the movie meets our expectations.

So what's it about? Ella Durran is a Rhodes Scholar, and you meet her as she enters Oxford. She has her life well planned and it's very much on track. In fact, even before she even has a chance to settle into Oxford she gets a phone call asking her to be a key player in a high profile political campaign in the U.S. and she accepts the job with the agreement she'll work from Oxford. Meanwhile, of course, she meets a man she assumes is a serious playboy, who it turns out is her English tutor. Yes, that's a bit predictable, but after all it is a romance novel.

Overall it's a light read with some interesting ideas, quirky characters, and nice character development. This isn't Jane Austen, but I found it a very enjoyable read. Let me know what you think!



Comments or feedback on this newsletter?

I'd love to hear from you. Click [here](#) to send me a quick email.

Copyright © 2018 My Booklandia, All rights reserved.

Visit My Booklandia at:

<https://mybooklandia.com/>

<https://www.etsy.com/shop/MyBooklandia>